

# YOUNG



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## YEAR OF TOLERANCE

THE BEAUTY OF DIVERSITY





# What steps are you taking to save Earth?

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Each of you reading this has used a plastic bottle. You may have used one in the past day or week. Do you know how many plastic bottles are actually purchased by people all over the world? One million — per minute. That equates to almost one and a half billion per day. What is more staggering is that 91% of all plastic is not recycled and most of it ends up in the oceans or landfills. For most, these insights are enough to send shock waves. Plastic has become a convenient and daily part of our modern lifestyles. You would be appalled by how much microplastic some of us consume in the fish we eat. The oceans are filled plastic waste; scientists have predicted that in 2050, there will be more pieces of plastic in the ocean than fish.

## What steps should you take?

In order to salvage the ocean, protect sea creatures and save yourselves from serious harm, you should recycle plastic.

## Say no to single-use plastic

You can start lowering your plastic footprint by being conscious of the excessive purchasing of single-use plastic bottles, bags, cutlery and more. Carry your own stainless steel bottle instead of grabbing a plastic one. Also, store food in reusable containers rather than using plastic bags.

## Do you enjoy DIY?

Make sustainability a fun activity. There are plenty of ideas — from garden decorations to handy household storage items. Use the opportunity to be creative and explore arts and crafts with your family and friends, while doing your bit for the

environment. For quirky ideas, refer to an inspiration board on *Pinterest*.

## Create your own recycling centre

Allocate a space inside or outside your house to sort recyclable materials. To keep the process efficient and systematic, you can label each storage facility — a box for paper, plastic, glass and clothes, each. This system will not only keep you organised, but also teach you the importance of recycling from a young age.

## Have you considered sustainable fashion?

Switching to more ethical options does take forethought, but the health and survival of the planet depends on it. You can make a conscious decision to purchase a garment made using a recycled material derived from plastic waste or a new eco-friendly fibre. By wearing such cruelty-free clothes, you are supporting sustainable fashion and spreading awareness about the same.

There you go — it sure is possible to generate awareness and take steps towards minimising our environmental footprint and have fun whilst doing so. Take the first step. **YT**



*Alana Sorokin grew up on the beaches of Sydney, Australia, and developed a deep appreciation for the role of the ocean in nurturing a happier planet. She is the founder of Joseph & Alexander, a quirky, sustainable and durable fashion brand. Sorokin has previously worked in estate and property. She operates her fashion brand consciously, using recycled fabric from ocean plastics, eco-friendly ink and reusable packaging.*

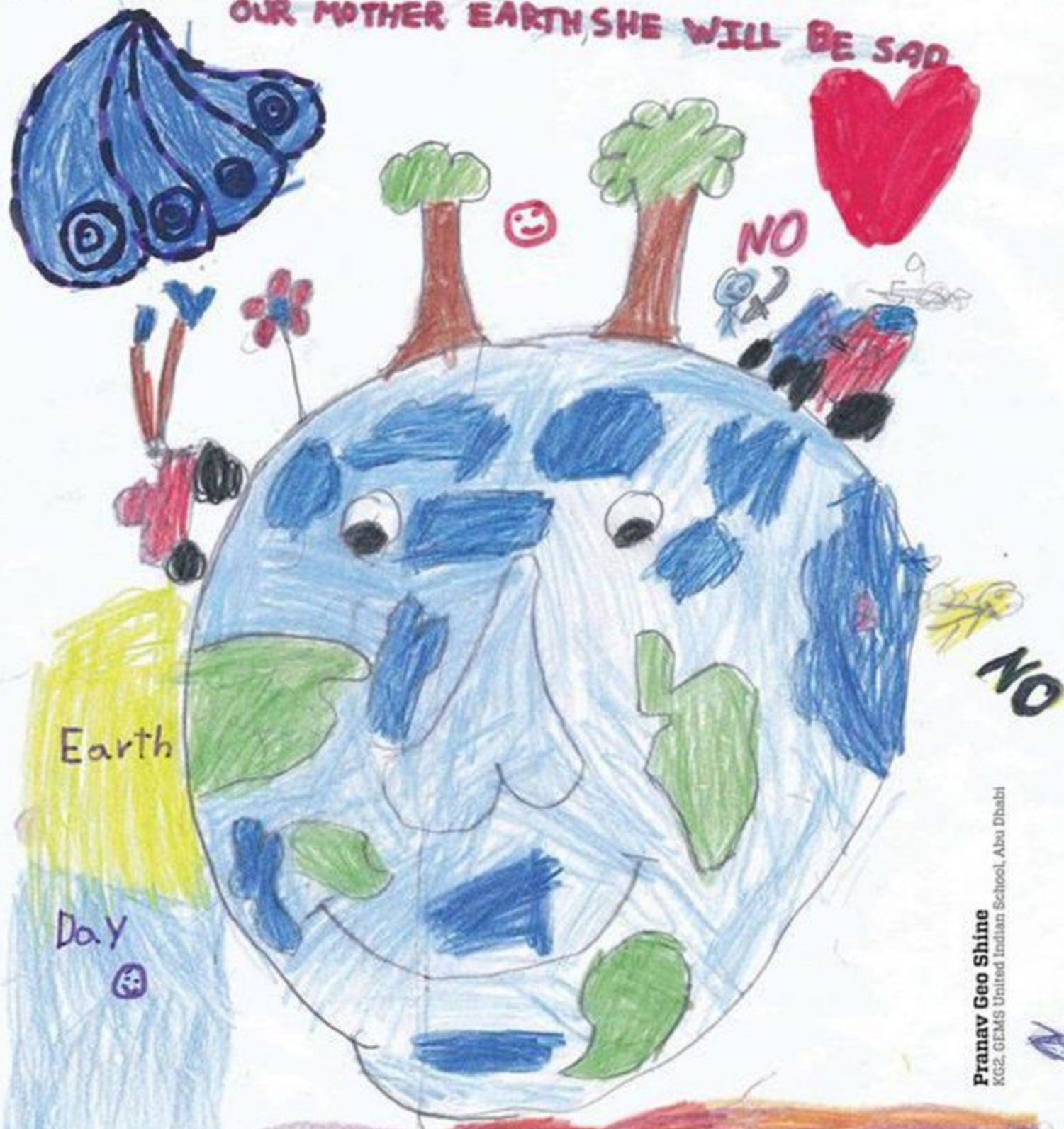


**SAVE  
EARTH**

Earth Day

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HEY GUYS WE SHOULD NOT POLLUTE  
OUR MOTHER EARTH, SHE WILL BE SAD



Earth

Day



Pranav Geo Shine  
KG2, GEMS United Indian School, Abu Dhabi

hey Guys! Lets make  
'Mother Earth' happy